

1. Don't trust everything you see, even salt can look like sugar
2. Everyone has a chapter they don't read out loud
3. Too lit to quit
4. Shoutout to myself because I'm lit
5. I don't tell you I love you out of habit but as a reminder of how much you mean to me
6. When I started counting my blessings, I realized I have everything I could ever need
7. A smile can change the world
8. The biggest mistake you can ever make is to be afraid to make mistakes
9. Life is tough but so am I
10. "My coach said I run like a girl. So I said if he ran a little faster he could too." – Mia Hamm